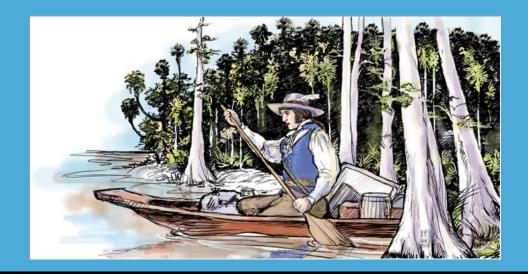
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# Notes from the Trail

The Bartram Garden Club, Inc. Newsletter



Volume 2, Issue 1

September 1, 2019

### On the Trail We Blaze

Grow + Show + Serve + Conserve

#### **UPCOMING MEETING**

#### September 12, 2019 10:00am - 12noon

GFWC Woman's Club of Fernandina Beach

201 Jean Lafitte Blvd, Fernandina Beach, FL 32034

Please bring one non-perishable autumn item for our Gardenfest raffle fundraiser.

#### **Leadership Team\***

Greeters: Rosie Davidson, Jay Yates

Inspiration: Frances Ambrose

Hostesses: Sue Dwyer, Karen Bottorff

Raffle Item: Jay Yates

\*If unable to serve please find a substitute and notify the president.

Forgotten when you volunteered? Click here to view the entire list.

<u>HOSPITALITY HOSTESSES</u> - Due to Her Majesty the Queen's full schedule, she will be unable to attend our meetings this year. Therefore, it is not necessary to set the hospitality table extravagantly. Just a beverage such as water or lemonade and a baked good or fruit will be sufficient and greatly appreciated.

INSPIRATION - A non-sectarian, garden-related theme limited to 2 - 3 minutes.

Featured Topic: Beauty Along the Trail: "Did I Really Kill My Orchid?"

Presenter: Lorraine Conover, Jacksonville Orchid Society

How many have you killed? How many have you thrown away since the flowers faded and fell off? Have you used "ice cubes"?

Join Lorraine Conover and find out what you can do to rebloom that beautiful orchid.

For planning purposes kindly RSVP to Linda Broadrick at linda.broadrick@gmail.com or 904-491-7759.

# We Proceeded On... A Message from the President

Welcome new and returning members! I hope each of you can look back over the summer and treasure memories of family, friends, and community. I am excited to be your new president, honored to follow Beverly Williams, our dedicated founder. As president, my theme "Diversity Along the Trail," continues FFGC President Al Latina's theme "Diversity in the Garden".

While the summer may have been a time of quiet relaxation, much has transpired behind the scenes. Our officers have been actively preparing for an eventful year ahead with varied programs and events, beginning with a delightful program on orchids. Of special note, our club was officially designated as a 501(c)3 non-profit entity by the IRS! This means donors can deduct contributions they make to our organization under IRC Section 170. In addition to having been recently incorporated, we also now have a corporate email address: info@bartramgardenclub.org. All of these designations give credence to our club and mark us as the quality organization we are.

I encourage you to take advantage of all the club offers by signing up for a committee. **An online signup sheet for Leadership Teams is available for your convenience by clicking <u>here</u>. We still need one greeter for the months of February - April, and one hostess for the months of March and** 

#### **September Birthdays**

- 8 Nancy Ellison
- 8 Mike Zaffaroni
- 15 Kathleen Lunman
- 20 Sandy Taylor
- 23 Bill Stevens
- 25 Debby Arnold
- 28 Cathly Klein

## Library Exhibit Schedule

Sept. 1- 14 Linda Broadrick Sept. 15 - 30 Frances Ambrose Oct. 1 - 14 Sue Lord

VOLUNTEERS are invited to please contact Sue Lord at sueblord@mac.com or 202-492-2257.

#### **Reduce Reuse Recycle**

April.

Also think about other ways you can get involved and contribute to the club. Can you bring a guest, make a new member feel welcome, help with hands-on gardening through our Civic and Beautification Committee? Participate as much as you are able. I guarantee you will be rewarded.

I look forward to seeing you September 12.

Sincerely,

Kathleen

### **Dates to Remember**

#### September

09 Yard cleanup at Woman's Club, 8AM

12 Club meeting, Woman's Club, 10AM

19 80th Anniversary Party, Ribault GC

#### October

07 Yard Cleanup, Woman's Club

District IV Fall Meeting, Clay County Extension Center,Green Cove Springs

27 - 29 Fall Symposium, FFGC Headquarters

#### November

09 Gardenfest, Clay County Extension Center

18 - 19 Flower Show School Course I, Ribault GC

### <u>Woman's Club Yard Cleanup</u> <u>Work Day</u>

## Monday, September 9 8:00 AM

This project makes it possible for our garden club to meet at the Woman's Club facility on a monthly basis. VOLUNTEERS are needed to help us fulfill our part of the contract. Please offer a few minutes of your time to weed, prune and water with us. It's great fun.

Bring basic gardening tools, gloves, hat, bug repellent, and a willingness to bond.

### <u>Club Collaborates with Friends</u> <u>of the Library</u>

Club members will be exhibiting interpretive designs in conjunction with FOL's latest art exhibit at the Fernandina Beach public library. The exhibit from the Florida Museum of History TREX exhibits will

**Recycle** - Continue to collect corks and bring them to our meetings.

#### <u>Basket Raffle Items</u> Needed

Each member is asked to bring one raffle item with a Fall theme to the September or October meeting. Items will be combined into an attractive basket and raffled at the Gardenfest event in November.

include a beautiful graphic art collection of framed labels used on orange crates in the 1930's - 50's. Club members are invited to the reception at the library community room on Saturday, September 7th between 4 and 7pm. Contact Sue Lord if you are interested in contributing a design. sueblord@mac.com

### <u>Invitation to 80th Anniversary</u> <u>Party</u>

Ribault Garden Club of Jacksonville Beach has extended an invitation to their anniversary celebration on Thursday, September 19 at 12noon. Please contact Stephanie Furqueron 904-223-9715 if you are interested in attending.

#### **Bartram Makes Over Fort Clinch Entrance**

While many club members were enjoying a respite this summer, a team led by Civic Beautification Chair, Karen Reily, arrived at Fort Clinch early one sultry June morning, adorned with sun hats and bug repellent, and armed with garden tools, gloves and a lot of enthusiasm! These garden angels proceeded to weed the entrance of Florida's prized Fort Clinch Park. Existing landscaping was rearranged and new native plants were added on each side.

In addition to sweat equity offered by club members, plants were donated at no cost to the park by Mike Zaffaroni and Liberty Landscape Supply.

**Thank you** Karen and team - - Jay Yates, Carol Newby, Linda and Bruce Broadrick, Kathleen Lunman, Rich Reily and Beverly Williams!

An article detailing the project appeared in the *News-Leader* Community Scrapbook on July 31, 2019, and can be viewed on our website <a href="www.bartramgardenclub.org">www.bartramgardenclub.org</a> by clicking on the Scrapbook Section 11 link found at the bottom of the Home page.

### <u>Planning for the Upcoming Club Year</u>

To ensure you are assigned to an activity with which you feel most comfortable, please click on the link below and sign up for one of our Leadership Team responsibilities where there is a vacancy. Simply type your name in the applicable box. (Note: You must have the Google Docs App to access this document from a mobile device or iPad.)

**Leadership Teams** 

Contact Kathleen Lunman about other committees which need team members.

### <u>Pathways to Discovery</u>

Brazilian Pepper biocontrol is now available!

This highly invasive non-indigenous species, Schinus terebinthifolia, a relative of poison ivy (Ouch!), is

one of the most damaging invasive weeds of agricultural and natural areas of Florida. But, according to the Florida Department of Environmental Protection, there is hope for its eradication. A biological control insect, *Pseudophilothrips ichini* has been released. The Thrips are now available to public land managers who have Brazilian Pepper on their property.

Brazilian Pepper causes allergic reactions and respiratory illness in sensitive people due to volatiles released by the leaves, flowers, and fruits. Ingestion of the leaves and fruits can have narcotic and toxic effects in grazing animals and birds.

This species has been identified as growing on Amelia Island, specifically on the northern end. Learn how to identify it and please be aware of its damaging effects!!



Brazilian Pepper

## <u>Legislation</u>

**Eat Your Veggies With No Fear of Reprisal** 

Florida property owners can now grow fresh produce in their yards without fear of local restrictions. Gov. Ron DeSantis signed Senate Bill 82 into law, which prohibits local governments and HOAs from banning vegetable gardens on *any* part of a residential property. So plant, eat and live well!

#### Flower Show School Course I

NGC Flower Show Schools provide an educational opportunity for garden club members to learn the principles and elements of designing with plant material, and correct growing and grooming techniques for horticulture specimens exhibited in flower shows. Anyone may attend these schools.

Course I will be offered on November 18 - 20 at Ribault Garden Club in Jacksonville Beach. The registration form may be obtained online at the FFGC website Calendar page, or from Beverly Williams.

This is a wonderful way to learn more about NGC flower shows. Contact Beverly for more information. bevthepatriot@gmail.com or 404-312-8530.

### <u>Gardening By The Month - September</u>

#### **What to Plant**

**Annuals/Bedding plants**: Try ageratum, celosia, zinnia, and wax begonia for color into fall. **See** *Annuals*: http://edis.ifas.ufl.edu/topic annual landscape plants

**Bulbs**: Add color, texture, and pattern to the garden with the many varieties of elephant's ear (*Alocasia* spp.), calla, narcissus, and zephyr lily. **See** *Elephant's* 

Ear: http://edis.ifas.ufl.edu/topic\_elephants\_ear and Bulbs for

Florida: http://edis.ifas.ufl.edu/topic\_bulbous\_flowers

Herbs: Plant Mexican tarragon, mint, rosemary, and basil. See Herbs: <a href="http://edis.ifas.ufl.edu/topic\_herbs">http://edis.ifas.ufl.edu/topic\_herbs</a>

**Vegetables**: It is time to establish strawberry plants. Other veggies to plant now are broccoli, carrot, cabbage, collards, and many others. **See**Vegetable Gardening in

Florida: http://edis.ifas.ufl.edu/topic\_vegetable\_gardening

#### What to Do

**Lawn insects**: Continue to monitor the lawn for signs of insect damage. Fall armyworms, chinch bugs, mole crickets, and sod webworms are still active this month. **See** *Insect Management in Your Florida Lawn*: <a href="http://ufdc.ufl.edu/IR00002848/00001">http://ufdc.ufl.edu/IR00002848/00001</a>

**Perennials and bulbs**: Divide and replant those that have grown too large or need rejuvenation. Add organic matter to new planting areas and monitor water needs during establishment. **See** Seeds and Propagation (Lawn and Garden): <a href="http://edis.ifas.ufl.edu/topic\_garden\_propagation">http://edis.ifas.ufl.edu/topic\_garden\_propagation</a>

**Lawns**: The last fertilizer application should be around the middle or end of September in north Florida. Choose a fertilizer with no or very little phosphorus unless a soil test indicates a need for it. A fertilizer containing controlled-release nitrogen yields longer-lasting results. **See***Lawn*Fertilizer: <a href="http://edis.ifas.ufl.edu/topic\_lawn">http://edis.ifas.ufl.edu/topic\_lawn</a> fertilization

**Fertilizer Bans**: Certain municipalities in north Florida prohibit the application of fertilizer to lawns and/or landscape plants during the summer rainy season (June–September). See if such an ordinance exists in your area.

**Lawn weeds**: Maintain healthy grass because it is the best defense against weeds. Avoid "weed and feed" products; only apply herbicides to areas with weed infestations. **See** *Lawn Weeds*: http://edis.ifas.ufl.edu/topic\_lawn\_weeds

**Garden for hummingbirds**: Plant firebush, firespike, russelia, and other plants to supply nectar for visiting hummingbirds. **See** *Hummingbird* 

Gardening: <a href="http://edis.ifas.ufl.edu/topic">http://edis.ifas.ufl.edu/topic</a> hummingbird gardening

**Vegetable garden**: Prepare the fall vegetable garden if not done in August. Using transplants from your local garden center will get the garden off to a fast start, but seeds offer more varieties to choose from. For a list of Florida-proven performers, **See** *Vegetable Gardening in* 

Florida: http://edis.ifas.ufl.edu/topic\_vegetable\_gardening

### What's Happening on the Trail

Garden Therapy Chair Alice Caldwell and Youth Chair Deb Walton have announced plans for the 2019 -2020 ESE program and need committee members to help with this "ground breaking" enrichment program initiated by our club at FBHS. Last year the students grew vegetables, herbs and flowers in specially designed planters on campus. In addition they decorated and planted flower pots for Mother's Day. Photos and a brief article appeared in the June 21, 2019 issue of the *News-Leader*. Click here to view it. <a href="mailto:scrapbook, section 11">scrapbook, section 11</a>

The journey continues beginning November 20! VOLUNTEER now. A signup sheet will be available at the September meeting. Please consider sharing some heart-warming quality time once a month with these exceptional students. You will be blessed beyond measure. Contact Alice or Deb for more details.

#### **Website Administrator Report**

Catch up on all the latest club news at <a href="https://www.bartramgardenclub.org">www.bartramgardenclub.org</a>. We have added new calendar items, library display pictures, and recent service events. The "Members" page includes the club roster and yearbook, and is password-protected for members only. The online PDF yearbook can be download and printed.

**Note**: Text in blue contains a link to more information. Clicking on the blue text will open a stored document or a new window at another resourced website.

Habitat for Humanity projects continue to develop. Last May two homeowners on S. 7th Street were the lucky recipients of this committee's focus and hard work. Many thanks to Rich Reily, Beverly Williams, Jay Yates, Carol Newby and Karen Reily for providing the labor; and to our partners, Liberty Landscape Supply, Ace Hardware and Island Treasures for supporting this project with necessary landscaping materials and gardening tools.

The news article about one such project appeared in the May 31, 2019 issue of the *News-Leader* and may be viewed by clicking here. Scrapbook. Section 11

### Bartram Showcases Native Gardening at Florida Welcome Center

Many thanks to club president Kathleen Lunman, who answered the call from Gail Harris at the I-95 Florida Visitors Center to update an encased display at the Welcome Center. Below is a photo of the bulletin board Kathleen designed and implemented this summer. Newcomers to Florida can learn about native wildflowers and other plants indigenous to Florida, while learning about The Bartram Garden Club and Florida Federation of Garden Clubs!



Gail Harris, Information Manager, admires our handiwork at the Florida Visitors Center.

### **Horticulture Tip**

Susan Borge, Horticulture Chair **Play Dirty** 

As the relentless summer heat backs down a bit, our thoughts turn to Fall planting, pruning and soil building. Here's a link to an article about recent research out of the University of Colorado that gives us a hint about the why and how of a phenomenon we are already so familiar with: Getting dirty in the garden makes us feel GOOD! Click on link below for the full article.

https://www.bhg.com/news/dirt-stress-relief/

#### <u>Funny Flower Show</u> <u>Faux Pas</u>

Scarlett Sage, a first-time flower show exhibitor, was shocked and red-faced when Holly Berry, the horticulture classification chairman, handed her a green bottle and told her, "Put your specimen in here."

### Blooming Art and Other Spectacles of Nature

Let us know what is happening in your garden. Share a photo of a blooming plant with the scientific name or a picture of creatures which visit your garden, such as butterflies, birds, insects, caterpillars and other miracles of nature. Send photographs to bevthepatriot@gmail.com. These friends below were recently spotted feasting on native milk weed in the editor's front yard.

### **Design Tip**

Mariette Wooden, Flower Show Judge Keep Plant Material in its Place

**Mechanics**: Devices that are used to hold and control the direction of plant material.

#### Floral Foam:

- Dry (Sahara) for artificial plant material.
- Wet (Oasis) for fresh plant material. (See Design Tips, Notes on the Trail, February 2019 issue for a thorough introduction.) Cover floral foam with plant material so it is not visible.
   Drawback: Holes are permanent and should not be reused. If you chose to reposition a fresh stem, be sure to recut it and make a new hole.

#### Alternatives:

- Chicken wire: For opaque containers.
   Bend a piece about twice the size of container into a ball. A snug fit is necessary. The spaces created hold plant material in place. Benefit: allows you to reposition plant material easily while working.
- Thin green or clear waterproof tape: Make a grid on top of a dry container.
- Pin-holders (Kenzans): A heavy base with many sharp, perpendicular needles. They are particularly useful in shallow containers. Pin-holders can be hidden with small stones, sea glass, or marbles.
- Frogs: Similar to Kenzans, placed at the bottom of a container. Frogs can be metal or plastic, shaped like a dome, with a cage-like appearance or grid to hold stems. There are glass and ceramic frogs, with holes in the dome to hold stems.

A truly organic mechanic is the use of a grid or armature of twigs. These can be hidden or visible, depending on the type of design.



# The Trailblazers Member Spotlight





Sue Lord, Vice President

Sue Lord has been a member of Bartram Garden Club for almost a year. She grew up in a gardening / garden club family. Both her grandmother and her mother were GCA judges. She loves to garden, but her true love is design. She discovered design when she first joined a garden club in Virginia 12 years ago. With the support of garden club members Lord gained confidence and experience, and is now a NGC Accredited Flower Show Judge. Today she continues her study and love for design,

Linda Broadrick, Secretary

"My husband Bruce and I moved to Fernandina Beach from the Atlanta area in September 2013, after many years of vacationing here. We have always enjoyed plants and flowers. Bruce worked in the outdoor power equipment industry for 38 years, so consequently he joined the landscape committee in our neighborhood. I continued working and dividing my time between Atlanta and Fernandina. In January 2017, I retired and joined him on the committee but kept on the lookout for new sources of information about Florida gardening and landscaping as well as

and regularly practices Ikebana, the art of Japanese flower arranging. She has been very active in the garden club world, holding a number of positions including club president, district board positions, and flower show chairmanships.

Sue has lived and studied in numerous places in the US and abroad. She and her husband Jim and two Yorkies spent four years in São Paulo, Brazil, home of the world's 6th largest flower market.

In addition to gardening and design, Sue loves golf, and plays as much as possible. In her prior life she worked in the textile industry, ending her career as an advisor to the US Government on trade issues. She holds an undergraduate degree from Boston University and a Masters in Management from The Kellogg School at Northwestern.

Jim and Sue, along with Yorkies Beatrice and George, live in Fernandina Beach on the golf course!

The Bartram Garden Club proudly welcomes Sue to our community and garden club! Her previous garden club experience and expertise as a NGC flower show judge is invaluable to our organization. avenues for making friends.

"BGC member, Barbara Lunsford (my friend and next-door neighbor), invited me to the May 2018 joint garden club luncheon with the Women's Club which featured the "Sisterhood of the Traveling Plants." I had never been a member of a garden club but the event and all the people I met were so delightful, I knew I wanted to be a part of this organization. I joined right away. Bruce joined this year. We attended 2 out of 3 NGC Gardening School classes offered at the Ribault Garden Club last year.

"In addition to gardening, we enjoy sailing, bicycling, and spending time with our children and grandchildren. Bruce and I have 3 sons, a wonderful daughter-in-law, and five grandchildren with another on the way. We attend Amelia Baptist Church and live in Isle de Mai where we are enjoying our life here on Amelia Island."

When Linda joined BGC we got a twofer, as both she and her husband immediately got involved, attending schools, the district meeting, and participating in civic beautification projects. Thank you, Linda, for agreeing to serve as our secretary and membership and public relations chair for the next two years.



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