

Notes from the Trail

The Bartram Garden Club, Inc. Newsletter



Volume 3, Issue 3

November 1, 2020

On the Trail We Blaze

Grow + Show + Serve + Conserve

UPCOMING MEETING The Legacy of William "Billy" Bartram

Sam Carr, President of
The Bartram Trail Conference
Bartram reenactment by Mike Adams
November 12
Hospitality 10:00am Program 10:30am
Woman's Club of Fernandina Beach

Masks and Social Distancing will be observed.

Leadership Team for November 12:

Greeters: Mariette Wooden, Frances Ambrose
Hospitality: Deb Walton, Bev Williams
Inspiration: Bev Williams
Raffle: Linda Broadrick
Clean Up: Mariette Wooden, Jackie Gray, Sandy Neuss, all members
* If unable to serve please find a substitute and notify the president
ktpilot@gmail.com

We Proceeded On... A Message from the President

Dear Members,

Our October hypertufa workshop was a welcome opportunity for us to get together and enjoy the fresh air and sunshine. Thanks to our instructor, Amy Wilson, we mixed, molded, and created wonderful containers for succulents and even decorative garden mushroom! Be sure to see our [Website Gallery page](#). **Scrapbook 15** to view our artistic endeavors.

November's special program will be about William Bartram, for whom our club was named, and his exploratory travels through the Southeast, presented by **Sam Carr** and **Mike Adams** of the Bartram Trail Conference. You are sure to enjoy learning about "America's First Great Naturalist" in this unique program! Read more about this program in the article below. Of course, we will wear our masks and observe safe-distance seating. I look forward to seeing your happy, smiling eyes!

Looking forward to December, please read about our upcoming workshop in the newsletter below. We all need a festive and fun way to end a most challenging year!

Happy November!
Kathleen

November 12th Special Program

The Bartram Garden Club Remembers Our Namesake and America's First Great Naturalist

BEFORE LEWIS AND CLARK THERE WAS WILLIAM BARTRAM. In March 1774, Bartram began his much-anticipated trip to Florida and the St. Johns River, first setting foot on Amelia Island. He traveled through Old Fernandina to Lord Egmont's plantation and then continued to the St. Johns River documenting the region's flora and fauna. Bartram introduced the world to over 250 native plants.

In order to perpetuate the legacy of William Bartram, The Bartram Garden Club will host Sam Carr and Mike Adams of the Bartram Trail Conference at our general meeting on November 12. Sam Carr will discuss the establishment of The Bartram Trail National Heritage Corridor which memorializes William Bartram's explorations. Mike Adams will bring history to life in his reenactment of the naturalist using Bartram's words and illustrations.

Bring a friend! The meeting is open to all history buffs, naturalists, gardeners, hikers, bikers, paddlers and others who might benefit from the recreational trails and botanical gardens along Bartram's route.

The presentation will begin at 10:30 a.m. with a meet-and-greet beginning at 10:00. **Masks will be required at the entrance and seating will be socially distanced.**

The Bartram Garden Club and our parent organization, the Florida Federation of Garden Clubs, Inc., are both affiliates of the Bartram Trail Conference and host many of the Bartram sites.

Here We Grow Again!

WELCOME to our newest members, **Marsha and Danny King, Sandy Neuss, and Lisa Cleary!**

All four new members attended our much lauded hypertufa workshop in October and had so much fun they decided to join!

Marsha and Danny King recently moved here from Virginia, and heard about our club through club members Bruce and Linda Broadrick. They are interested in gardening and ways and means!

Lisa is a retired teacher, realtor and master gardener from Texas. She is excited about participating in our Habitat for Humanity projects.

Sandy Neuss is a long-time Amelia Island resident and a retired special education teacher. She is interested in gardening, environmental issues and service.

Please give them a warm welcome during our November meeting.

November Birthdays

10 Suzanne Doggett
15 Danny King
28 Rosie Davidson
28 Deb Walton

Reduce Reuse Recycle

Recycle
CORKS: Continue to save natural and synthetic corks to support "Save the Oceans" and "Save the Forests" conservation projects. Bring to the meetings.

CANS: **Kans4K9s**
TURN TRASH INTO valuable service dogs for warriors suffering from Post-traumatic Stress Disability! Bring us *clean aluminum* cans. (Test each can with a magnet. If it sticks it is *not* aluminum. We cannot accept tin cans.)

Reduce Invasives
CONTINUE to replace invasive plants, such as asparagus fern, Boston fern, and Mexican petunia, with native or Florida-friendly landscape plants. The bees, birds, and butterflies will thank you.

Dates to Remember!

November 12
General Meeting
The Legacy of William Bartram
Hospitality 10am
Program 10:30am

November 19
The Tradition of Southern Folk Medicine, herbalist Marge Powell
Upstairs Story & Song
Bookstore
10:30am \$10.00

Space is limited. Registration required.
Register
www.ameliaclearing.com
or donnascalia@comcast.net

November 23
Yard clean up at Woman's Club, 9am
THANKS to Linda Broadrick, Jackie Gray, Margaret Bellucci, and Marc Williams for volunteering in October!

December 10
General meeting and workshop 10am

See details below.

Reserve Your Space for the December Workshop

Tiered Centerpieces for Holiday Entertaining Workshop and Napkin Folding Demonstration

Reservations required.
RSVP to Beverly Williams
bevthepatriot@gmail.com
404-312-8530
\$10.00 fee covers all supplies

Workshop is for Members Only.
Due to social distancing space is limited.

The Tradition of Southern Folk Medicine

AMELIA LIFELONG LEARNING presents a lecture on the origin of local folk medicine starting with the Spaniards and indigenous people, and then goes on to relate what the instructor's research of local customs has discovered. The lecture concludes by asking the participants for folk medicine traditions that may have been practiced in their families.

Lecturer Marge Powell has been an herbalist for over 30 years. Her interests span culinary, medicinal, and body care, as well as **growing herbs**. She is currently a board member of the West Nassau Historical Society, the International Herb Association (IHA), and the IHA Foundation. In addition, she is chair of Nassau County's Council for the Arts and Culture.

The lecture will be Thursday, November 19, 10:30am upstairs at Story and Song bookstore, 1430 Park Avenue. Masking and social distancing will be observed. Fee \$10.00. **Space is limited.** To register visit www.ameliaclearing.com or email donnascalia@comcast.net

Gardening By The Month - November

What to Plant

Annuals/Bedding plants: Pansy, viola, and chrysanthemum create great fall color. See Annuals: http://edis.ifas.ufl.edu/topic_annual_landscape_plants
Bulbs: Bulbs to plant include amaryllis, crinum, and daylily. Plant spider lily in partial shade. Plants produce foliage in winter, and beautiful red flowers emerge in late summer. See Bulbs for Florida: http://edis.ifas.ufl.edu/topic_bulbous_flowers
Herbs: A wide variety of herbs like cooler, drier weather, including cilantro, dill, fennel, parsley, sage, and thyme. See Herbs: http://edis.ifas.ufl.edu/topic_herbs
Vegetables: A long list of cool-season crops can be planted now including broccoli, cabbage, kale, and lettuce. See Vegetable Gardening in Florida: http://edis.ifas.ufl.edu/topic_vegetable_gardening

What to Do

Citrus: Protect small citrus trees if freezing temperatures are predicted by watering well at least a day before the freeze. You may also use covers that extend to the ground for protection. See Cold Protection and Chilling Damage of Landscape Plants: http://edis.ifas.ufl.edu/topic_landscapes_and_cold
Scale insects: Apply dormant oil sprays to control scale insects on trees and shrubs. See Landscape Pest Management: http://edis.ifas.ufl.edu/topic_landscape_pests
Irrigation: Turn off systems and water only if needed. Plants need less supplemental watering in cooler weather. See Landscape Irrigation: http://edis.ifas.ufl.edu/topic_landscape_irrigation
Flowering trees: Consider planting an ornamental Taiwan cherry (Prunus campanulata). Late winter brings pink blooms. See The Florida-Friendly Landscaping™ Guide to Plant Selection and Landscape Design: <https://fl.ifas.ufl.edu/homeowners/publications.htm>
Birds: Make a small brush pile from plant debris in the back of the yard for birds. See Wild Birds: http://edis.ifas.ufl.edu/topic_wild_birds
Camellias: Add some of the new cultivars for bright spots of color in winter. Disbudding, or removing some buds now, ensures larger blooms later. See Camellias: http://edis.ifas.ufl.edu/topic_camellia

Library Floral Exhibits are Back!

After the COVID shut down, the Fernandina Beach public library is once again welcoming our fabulous floral designs for the viewing pleasure of library patrons and staff. Volunteer for November is:

Frances Tidd

Please contact **Frances Ambrose** to sign up for December.
francesambrose2@gmail.com
229-942-5307

"Winning Isn't Everything, but wanting to win is!"

Vince Lombardi

It's time to apply for FFGC awards. We have consistently won awards, and now there is no turning back. Many thanks to Awards Chair *Frances Tidd* for managing the whole process: from perusing

and analyzing the FFGC website awards page (no small task!), to identifying eligible awards, to completing applications and supplying reams of documentation. The job is not for the faint-hearted and so vital to winning!

Members please know your good work does not go unrecognized by your club, district and state organizations.

This year we will apply for the following special awards:

Yearbook (Beverly and Marc Williams)
Publication (Linda Broadrick)
Website (Marc Williams)

Winners will be announced at the FFGC Convention in April 2021.

The Trailblazers

Member Spotlight

Every month it is a privilege to spotlight a long-time member who has consistently supported our meetings and special projects. This month we feature Nancy Elison in her own words and pictured below with the hypertufa planter she created recently during our workshop.

My love for the out-of-doors and all things that grow dates back to a blessed childhood in the countryside of central New York State. My most memorable activity growing up was taking walks with my Dad into the woods. Every year we would bring our hand shovels to dig up wild violets, returning home to transplant them around our house. To this day, violets remain one of my favorite flowers.

As I completed my college education and began my career in social work and law enforcement, I brought my love for digging in the dirt with me. I continued my gardening and floral interests as a sort of personal therapy, working part-time in florist shops while working my "real job".

Following my retirement in 2008 I realized my life-long dream of developing my own floral services company, *WildFlowers*, where I created highly personalized floristry for weddings, parties, social and business affairs. It is during this time that my love affair with succulents took hold. Succulents are uniquely captivating. And they are perfectly suited for our climate here.

My husband and I love our home of five years on "the Island". Once again I am finding myself in a position of learning about plants as I did at age 4, with the help of our award-winning Bartram Garden Club.



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