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# Notes from the Trail

The Bartram Garden Club,  
Inc. Newsletter

Volume 2, Issue 7

March 1, 2020

## On the Trail We Blaze

Grow + Show + Serve +  
Conserve

### **UPCOMING MEETING**

**Leaves of the Trail:**

**Leaf Manipulation**

**Thursday, March 12    Hospitality**  
**10:00am**

**Call to Order 10:15am**

GFWC Woman's Club of Fernandina Beach

**Leadership Team for March 12\***

Greeters: Nancy Ellison and Sandy Taylor

Inspiration: Deb Walton

Hostesses: Deb Walton and Frances Ambrose

Raffle Item: Claudia Burningham

*\*If unable to serve please find a substitute and notify  
the president, [ktlpilot@gmail.com](mailto:ktlpilot@gmail.com)*

**Forgotten when you volunteered? Click [here](#)  
to view the entire list.**

***We Proceeded On...***  
***A Message from the***  
***President***

Dear Members,

Spring may officially be just around the corner, but it has certainly arrived here on the Island! And is very welcome!

I am so excited about our club programs arranged by our creatively talented vice president and NGC flower show judge Sue Lord! This month Sue will lead a demonstration of leaf-manipulation techniques to incorporate into floral designs, and then review the

incorporate into floral designs, and then review the members' entries of parallel designs entitled "Bursting Forth!" as part of our mini flower show.

The lovely ladies of *The Sisterhood of the Traveling Plants*—Cathy and Marilyn—will return to the Island on the 24<sup>th</sup> to entertain and impress while preparing a variety of floral designs at the Fernandina Beach Library—so be sure to reserve your seat by contacting Sue. **Reservations are required** and seating is limited to 30. Tickets may be purchased from treasurer Beverly Williams at our next meeting. Lucky winners will take home one of these creative designs!

Please note our club is now participating in the **KANS4K9s** project. Bring your aluminum cans as well as corks to every meeting through May. They will be deposited at the FFGC District IV meeting on May 15th.

March is still a good time to plant trees—especially those native to NE Florida. Our club continues to support the theme "Color Our Canopy" by planting flowering trees—as well as those whose blossoms produce fruit. Take advantage of spring's warm weather to prepare your gardens so you can relax during the summer's long days.

And be sure to look for our early harvest of locally-grown strawberries and blueberries among the varieties available here—much to the envy of our friends "up north"!

Keep Calm and Enjoy Spring!  
*Kathleen*

***Dates to Remember***

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### March 2020

- 12 Monthly Club Meeting, 10am  
Leaves of the Trail: Leaf Manipulation
- 11 ESE Youth Garden Therapy, FBHS, 9am
- 21 — 22 Orchid Society Show, GC of Jacksonville,  
10am
- 24 Sisterhood of the Traveling Plants, FB Library,  
10am  
Reservation required
- 25 Woman's Club Yard Cleanup, 10am
- 27 — 29 St. Augustine GC Flower Show, St. Johns Co.  
Ag Center

## March Meeting Mini Flower Show

MEMBERS ARE INVITED to bring a parallel design to exhibit. Two examples were presented at the March meeting. A Parallel Design is a design consisting of three (3) or more groupings of plant material and optional components with a strong parallel placement in a single container/base or multiple containers/bases combined to appear as one unit. Parallel direction may be vertical, horizontal, or diagonal. Let your creative juices flow!

The theme is **"Bursting Forth."** *All designs must contain some fresh and/or dried plant material.* For more details please contact Sue Lord, [sueblord@mac.com](mailto:sueblord@mac.com) or Kathleen Lunman, [ktlpilot@gmail.com](mailto:ktlpilot@gmail.com)

### March Birthdays

- 1 Nancy Chere

8 Alice Caldwell  
9 Sandi Barada  
10 Beverly Williams  
12 Betty Raker  
23 Claudia Burningham  
23 Carol Dunlop  
26 Andrea Buehler

## Library Exhibit Schedule

March 1 – 14      Sue Lord  
March 15 – 31     Bev Williams

VOLUNTEERS are needed.  
Please contact Sue Lord at  
sueblord@mac.com or  
202-492-2257.

## Reduce Reuse Recycle

### **Recycle**

CORKS: BRING natural and  
synthetic corks to our  
meetings to support "Save the  
Oceans" and "Save the Forests"  
conservation projects.

CANS: **Kans4K9s**  
TURN TRASH INTO valuable  
service dogs! Save clean  
aluminum cans and bring them

to our meetings. (Test each can with a magnet. If it sticks it is *not* aluminum.) All proceeds from the sale of the cans are donated to K9s for Warriors. The organization screens and trains dogs to be paired with veterans suffering from Post-traumatic Stress Disability who can benefit from a canine service companion, at no cost to the veteran.

### **Reduce Invasives**

The NASSAU COUNTY EXTENSION SERVICE will replace invasive plants (such as asparagus fern, Boston fern and Mexican petunia) that homeowners remove from their landscapes with 3 - 5 native or Florida-friendly landscape plants. Take a photo of the removal of the plant pests, and email to Rebecca Jordi, [rljordi@ufl.edu](mailto:rljordi@ufl.edu)

## **Welcome To Our Newest Member**

### **Carol Le-Bert Hinnant**

Please give Carol a warm garden club welcome at our next meeting!

next meeting.

*Karen Reily removed invasives during  
work day.*

## **Woman's Club Yard Cleanup**

GET GROUNDED! VOLUNTEERS are needed to  
***help us fulfill our contract with the Woman's  
Club.***

Thanks to **Nancy Chere, Linda Broadrick, Marc  
and Bev Williams, and Karen Reily**  
for volunteering in February!

The next work day is **March 25**, 10:00 a.m.

Please offer a few minutes of your time to weed,  
prune and water with us.

Bring basic gardening tools, gloves, hat, bug  
repellent, and a willingness to bond.

## **Tree Count Needed**

HAVE YOU PLANTED or donated a tree or  
trees since February 1, 2019?? How many and  
where? Please send this information, along  
with botanical and common names to Kathleen  
Lunman before **March 10**. Certificates will be

Deadline before March 10. Certificates will be presented at the FFGC Convention to the top 10 clubs planting the most trees.  
ktlpilot@gmail.com

## **Pathways to Discovery**

### **Horticulture Tip**

Susan Borge, Horticulture Chair

This month I want to introduce you to a website that I've been especially enjoying:

<https://awaytogarden.com>

Margaret Roach, author of numerous gardening books (available at Amazon), creates not only a beautiful magazine-style website with gorgeous photography and interesting topics, but also a newsletter, podcasts of interviews with various experts and garden world personalities, and even recipes for using your harvest of flowers, leaves, roots, and fruits.  
Enjoy!

### **Design Tip**

Mariette Wooden, NGC Accredited Flower Show Judge  
The Power of Three

When selecting plant material for an arrangement, think of this simple formula: the number three.

Look for three types of foliage with different characteristics such as:



shape (linear, circular, and lacey)  
color (lime, green, and blue-green)  
or pattern (solid, variegated striped, and variegated spotted.)  
Choose one characteristic as a primary foliage, and add smaller amounts of the other two, to add contrast.

Choose flowers with various qualities, as well:  
shape (linear, circular, irregular)  
color (primary – red, yellow, blue, secondary – orange, green, purple, monochromatic – three different shades of the same color, etc.)  
texture (smooth, spiky, fluffy)  
and/or size (small, medium, large). One characteristic should dominate the design. The other two serve as contrast and support.

## **State Wildflower License Plate**

Get the plate that saves butterflies and bees! Each purchase or renewal of the beautiful State Wildflower license plate generates \$15 to grow Florida wildflowers for butterflies, bees and birds.

Two ways to get your plate

Visit [FlaWildflowers.org/wildflower-tag](http://FlaWildflowers.org/wildflower-tag) to request a phone call.  
Visit your county license plate agency.

## **Advice from a Garden**

CULTIVATE lasting friendships.  
Sow SEEDS of kindness.  
Listen to SAGE advice.  
Don't let the little things BUG you.  
Be outstanding in your FIELD.  
Take THYME for yourself.

# ***Gardening By The Month - March***

## **What to Plant**

**Annuals/Bedding Plants:** Dianthus and other cool-season annuals continue to flourish. Consider planting warm-season annuals such as angelonia, wax begonia, and zinnia at the end of the month. **See Annuals:** [http://edis.ifas.ufl.edu/topic\\_annual\\_landscape\\_plants](http://edis.ifas.ufl.edu/topic_annual_landscape_plants)

**Bulbs:** Plant dahlia, canna, and gloriosa bulbs for spring and summer flowering. Provide stakes as needed to support growth. **See Bulbs for Florida:** [http://edis.ifas.ufl.edu/topic\\_bulbous\\_flowers](http://edis.ifas.ufl.edu/topic_bulbous_flowers)

**Herbs:** Consider growing edible ginger. Plant rhizomes in well-drained soil in full to part sun. **See Ginger:** [http://edis.ifas.ufl.edu/topic\\_ginger](http://edis.ifas.ufl.edu/topic_ginger) and **Herbs:** [http://edis.ifas.ufl.edu/topic\\_herbs](http://edis.ifas.ufl.edu/topic_herbs)

**Vegetables:** Begin planting warm-season crops, such as beans, tomatoes, squash, and corn, early in the month for late spring harvest. Protect from frost. **See Vegetable Gardening in Florida:** [http://edis.ifas.ufl.edu/topic\\_vegetable\\_gardening](http://edis.ifas.ufl.edu/topic_vegetable_gardening)

## **What to Do**

**Azaleas:** Prune azaleas when they have finished blooming to reduce their size and improve their form. **See Azalea:** [http://edis.ifas.ufl.edu/topic\\_azalea](http://edis.ifas.ufl.edu/topic_azalea)

**Shrubs and trees:** Prune when the dormant season ends and new growth begins. **See Pruning Landscape Trees and Shrubs:** [http://edis.ifas.ufl.edu/topic\\_tree\\_pruning](http://edis.ifas.ufl.edu/topic_tree_pruning)

**Palms and shrubs:** Fertilize palms (<http://edis.ifas.ufl.edu/ep261>), azaleas, camellias, and other ornamental shrubs if needed. Choose a fertilizer in which at least 30% of its nitrogen is slow release. **See Palm Nutrition and Fertilization:** <http://>

[edis.ifas.ufl.edu/topic\\_palm\\_nutrition](http://edis.ifas.ufl.edu/topic_palm_nutrition) and *Landscape*

*Fertilization*: [http://edis.ifas.ufl.edu/topic\\_landscape\\_fertilization](http://edis.ifas.ufl.edu/topic_landscape_fertilization)

**Irrigation**: Check your sprinkler system for problems such as broken or misaligned spray heads. **See** *Landscape*

*Irrigation*: [http://edis.ifas.ufl.edu/topic\\_landscape\\_irrigation](http://edis.ifas.ufl.edu/topic_landscape_irrigation)

## ***What's Happening on the Trail***

### Committee Reports

#### **Youth Garden Therapy with ESE Students**

Alice Caldwell and Deb Walton

"Please note the March program has been changed to **March 11**. We are having a special guest speaker, Rebecca Jordi from the Nassau County Extension Service. She will demonstrate how to plant and care for trees. They have an adopt-a-tree program, and the students will care for their tree outside of the classroom at FBHS. On April 15th the students will be making seed bombs.

"Thank you to all the volunteers. We could not do this program without you. Donations needed for the next three months are Florida wildflower seed packets and small containers for Mother's Day succulent plants." Alice Caldwell

This program will continue through May. Volunteers may still join the team. Please consider sharing some heart-warming quality time once a month with these exceptional students. You will be blessed beyond measure!

### Website

Marc Williams, webmaster

**Look for other updates to our website. Photos have been added to the Gallery and Scrapbook.** [www.bartramgardenclub.org](http://www.bartramgardenclub.org)

### Habitat for Humanity

Karen Reily

Habitat for Humanity is our newest standing committee with Karen Reily serving as chairperson. The committee is gearing up to begin work in March with two existing homes. Liberty Landscape supply has committed to contribute plants, etc. for any HfH projects we do. In addition to landscaping, we hope to expand our services by offering homeowners consultations about existing plants and future options. **Please email Karen if you are interested** in serving on this rewarding committee. [gypsea42@gmail.com](mailto:gypsea42@gmail.com)

### Library Exhibits

Sue Lord

The designs created for the library have been amazing! Thank you all. The current schedule is set through March, but **we need your help** to fill the next several months. Remember, design spans a broad spectrum —traditional, creative, abstract, table designs, and don't forget Botanical Arts. If you need help, just ask! Guidelines and Policies for exhibiting in the library are accessed by clicking [here](#)

***Sisterhood of the  
Traveling Plants***

The SISTERS ARE RETURNING for an encore appearance! Cathy and Marilyn love to demonstrate creative uses of flowers, fruits, and vegetables. They experiment with unique containers and tablescapes. Mark your calendar!

March 24, 2020

10:00 a.m.

Fernandina Beach Public Library Community Room

Members \$10.00 Non-Members \$15.00 Checks payable to The Bartram Garden Club

## **Advanced Reservations are Required!**

Seating is limited to 30.

Make reservation **now** with Sue Lord

[sueblord@me.com](mailto:sueblord@me.com)

## ***The Trailblazers***

### ***Member Spotlight***

**Alice Caldwell**

Alice has focused on children her entire life. Educated as a nursing professional she followed three daughters through elementary, middle and high schools as a school nurse. Now retired, the garden club's garden therapy project with Fernandina Beach High School's special needs classes was a natural fit for her love of children and nature.

Alice's other focus is the love and nurturing of her ten grandchildren. When not on the golf course, she can be found in Boulder, CO, Richmond, VA or Roswell, GA doting on the loves of her life.

Both Alice and her husband, Greg, are from West Virginia and have been married 48 years. Having relocated ten times since first married, they were looking for a retirement spot where the beach, good weather and golf were plentiful. They found all three on Amelia Island.

**Much appreciation extended to Alice for her hard work and devotion to the ESE students!**

**Deb Walton**

Deb grew up in North Canton, Ohio where her dad had a vegetable garden large enough to feed the neighborhood. Her dad was against all pesticides. She ate "organic" before it was a buzz word!

She reared three children in many different places of the country while relocating with her husband's job. Atlanta was her last stop where she taught middle school for 23 years. She

earned a MS degree in Science, which was her main teaching subject. The last four years she also taught ESOL students who were new to the country from the Central and South Americas.

Deb is blessed with seven grandchildren who live in Tampa, Dallas and San Francisco. Her hobbies are knitting, pickle ball and reading. Volunteering or "repurposing" began with Take Stock in Children and has grown in many directions.

**Deb supports several club activities,  
including ESE Youth Garden Therapy!**

[www.bartramgardenclub.org](http://www.bartramgardenclub.org)

[info@bartramgardenclub.org](mailto:info@bartramgardenclub.org)

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